



Medications, Cares, & Protocol Instructions

PLEASE READ CAREFULLY

1. Medications include both over-the-counter and prescription.
2. Medication labels should match both what is entered in the Health Profile on CampDoc as well as the Medication List/Doctors Orders provided by your doctor. *If you encounter any issues with this, let us know (i.e. if you received a verbal to change the medication dose, we would just need the doctor to re-send the medication list.)*
3. Be sure the Camper Care section of the CampDoc Health Profile includes times and specific instructions for any medical and personal cares your camper may have (ie tracheas, enemas, catheters etc.) We also need Medical Protocol/Doctors Orders for these.
4. Be sure any ISP, Medical Protocols/Doctors Orders (i.e. asthma protocol, seizure protocol) and Safety Plans (i.e. a written document of how to handle suicidal ideation, self-harm etc.) are uploaded to the Health Profile in CampDoc.
5. Don't forget to send all medical equipment to camp: blenders, power cords, thickener, special eating utensils, pumps, test strips, syringes, briefs, etc.
6. If there are any changes between now and your camp session, please update CampDoc and, IN ADDITION, please have your doctor fax us a new medication list/orders. *The Health Profile will lock within one week of the camp session. Call us at the office if you need it unlocked.*
7. Please show our camp counselors how to use any special medical equipment your camper utilizes, such as how to use their wheel chair, etc. upon arrival. We will require counselors to demonstrate their competency to you after you teach them.
8. Thank you for being patient with us during Camp Check-In as we meticulously go through your camper's medications and cares with you to prevent errors.

Call or fax or email us at 402-930-4106 / 800-650-9880 / hwindorski@ne.easterseals.com

Follow Medication Instructions on the next two pages carefully!

PRESCRIPTION MEDICATION INSTRUCTIONS

To be prepared by pharmacy in one of two ways:

Option 1: Pharmacy prepared BUBBLE package with PHARMACY MADE prescription labels

OR

Option 2: Pharmacy prepared container with prescription label

Rule 1: Medication labels must match CampDoc AND Medication List/Doctors Orders.

Rule 2: If your prescription changes shortly before camp, please update CampDoc and have your doctor send us a new Medication List/Doctors Orders.

Rule 3: DO NOT send cassettes! You will be sent home to retrieve medication bottles if you do.

Tell pharmacy or show them these instructions:

Camp Easterseals Nebraska prefers medications packaged by a pharmacist into bubble/blister packaging that includes a label for **each** prescription that it contains. We can accept both multiple-dose bubble systems and single-dose bubble systems, but we need labels for all prescriptions it contains. Please also include a description of the medication's color, shape, etc. on the label so we know which is which.

We understand if the pharmacy is unable to package prescription medications into bubble packaging due to insurance reasons, the medication type, or due to their own limitations. In this case, please package medications as normal with the most current prescription label.

If your camper's medications change after you've sent us a Medication List/Doctor Orders, you must update the changed medication into the Health Profile in CampDoc and have your doctor fax us a new medication list/doctors orders. Ask your pharmacy if they will re-package your medication, if they can't, please let us know. Keep in mind doctors offices typically can only fax us orders within normal business hours.

Again, **DO NOT SEND CASSETTES!!!!!!!!!!!!!!!** You will be sent home to retrieve medication bottles, so don't send a cassette.

**OVER-THE-COUNTER MEDICATION INSTRUCTIONS
ON NEXT PAGE**

OVER-THE-COUNTER MEDICATION INSTRUCTIONS

Rule 1: Medication List/Doctors Orders/Medical Protocol for each over-the-counter medication must be provided for us to administer any Over-the-Counter Medications and must be listed on CampDoc.

(New for 2020)

Rule 2: Keep over-the-counter medications in their original packaging and bottles.

Rule 3: Label over-the-counter medications with camper's name and date of birth.

Over-the-counter medications includes:

- Medications your camper takes regularly such as, melatonin, miralax, allergy medications etc.
- Medications your camper could **potentially** need such as pain reliever for a headache or cramps, medications for upset stomach, allergy medication etc.
- Vitamins and Herbal Supplements

WE CANNOT ADMINISTER ANY MEDICATION WITHOUT A MEDICATION LIST/DOCTORS ORDERS/MEDICAL PROTOCOL PROVIDED BY YOUR DOCTOR, THIS INCLUDES OVER-THE-COUNTER MEDICATION.

FAQ's about Medications

1. Do you accept multiple-dose AND single-dose bubble systems?

Yes.

2. What is a pharmacy prepared multiple-dose bubble system?

In a single-dose bubble package, each medication has it's own blister pack with each pill distributed to it's respective medication time.

In a multi-dose bubble package, each med time for each day has one compartment for all meds to be administered at that time in its own bubble.

3. Can we use a cassette or package them ourselves into a bubble system?

No. All bubble packed prescription medications must be packaged by a pharmacist with prescription labels for each medication it contains. This increases safety and protects our nurse's licensure. We don't accept cassettes.

4. What does a bubble package system look like?

Notice, this is not the same as a cassette but is similar in that it can have multiple medications in their respective bubble medication times.



Single Dose



Multiple Dose

5. What if my pharmacy/insurance doesn't do bubble packages or know what I'm talking about?

That's okay! Just send medications ***in the container the pharmacy prepared them in*** with the prescription label on it. Bubble packages are just easier and safer for our nurses to keep track of medications with.

6. I forgot to have our doctor send orders for if my camper has a headache they can have Tylenol. Can you just give my camper 200mg?

Unfortunately, we can't give your camper any over-the-counter medication without doctor's orders. You're welcome to bring some up and administer it yourself or have your doctor fax us an order. When we get it, we can administer it.

7. We live 3 hours away. We didn't see the instruction that we couldn't use a cassette to package the medications. Do we really have to go all the way back home to get the original bottles?

Unfortunately, we cannot administer any prescription medication without a pharmacy label or package. So you could either go home and get it or see if your doctor can order a new prescription in town nearby. We know this is a pain, but this is for liability and safety reasons.